

Health Assessment and Choice Fund Frequently Asked Questions

Do you have questions on your Yellow Plan's Choice Fund? Read below for FAQs on when and how to activate your Choice Fund!

1) When can I take my Health Assessment to activate my Choice Fund?

It depends...

Are you already enrolled with SchoolCare/Cigna (before 7/1/16)?

*Anyone who is currently enrolled on a SchoolCare plan can take their Health Assessment at www.myCigna.com from **6/1/16 – 7/31/16**.*

Are you new to SchoolCare/Cigna (joining 7/1/16)?

*Anyone who is joining SchoolCare effective 7/1/16 will be able to complete the Health Assessment **7/1/16 through 8/31/16**.*

Newly hired subscribers throughout the year are eligible to take their Health Assessment 60 days out from their effective date. (Ex. September 1 start date, can take Health Assessment between 9/1/16 – 10/31/16).

2) How do I take my Health Assessment on myCigna.com?

If you have already registered for myCigna:

1. Log in to **myCigna.com** beginning June 1
2. Go to the "My Health" tab
3. Click on the health assessment tile
4. Get started

If you have never registered for myCigna:

1. Go to **myCigna.com** any time after July 1
2. Register with your Cigna ID or SSN
3. Go to the "My Health" tab
4. Click on the health assessment tile
5. Get started

3) The Health Assessment is asking for biometrics such as blood pressure, total cholesterol, and HDL. What if I haven't had a recent physical and blood work?

You do not need to enter biometric data. Instead, choose the "I don't know" button for those fields.

4) Do my covered family members also need to take the Health Assessment on myCigna.com?

No, only the subscriber needs to take the Health Assessment annually to Activate the Choice Fund.

5) How can I confirm I've completed my Health Assessment?

1. *Log in to myCigna.com*
2. *Click on "My Health" tab*
3. *"My Wellness Score" will reflect your latest score and the date you last took your health assessment*
4. *Click on "Take my Health Assessment," to verify your health score or access your "History" or "Report."*
5. *You may even Print your "Report," or "Confirmation Number" if you so choose.*

6) When will my Choice Fund dollars be loaded?

Typically the Choice Fund will populate a few business days following completion of the Health Assessment. Please note, Choice Fund dollars may not show as being loaded before the effective date of 7/1/16.

If you have any questions, please do not hesitate to contact the SCHOOLCARE Office at 800-562-5254!