

## **Introducing Telehealth**

Jeff Kantorowski: Hey everybody, it's Jeff with SchoolCare. Today I want to tell you about a new benefit that you're going to have on your SchoolCare Cigna medical plan starting July 1<sup>st</sup>. It's called telehealth.

And what's Telehealth? Well, let's say your little one on a Saturday night is showing classic symptoms of an ear infection or some other problem, you have a couple options you can bundle them up and go out to the nearest urgent care facility or try and get your doctor's office on the phone... wouldn't it be great if you could have a face-to-face office visit virtually with a doctor? Well, that's what Telehealth is!

You can log on through myCigna.com, use your choice of one of two vendor programs either Amwell or MDLive and have a virtual face-to-face meeting with a New Hampshire based doctor. They'll take some information and they can even send in a prescription to your local pharmacy. It's easy simple and you don't have to even leave your home to take care of your kid. There is a small copay that will apply depending on what health plan you're on and you do have to register online for both MD live and Amwell if you want to use either or both of those services.

So, you'll be able to access it starting July 1st and the best way to go is through myCigna.com and you'll be able to register for those programs. Thanks, and have a great day!