

# Managing Your Benefits

Find helpful information about how to manage your benefits at [myCigna.com](https://myCigna.com) or the Cigna app. If you have any questions about this information, please contact your Human Resources Office or SCHOOLCARE.

## myCigna - Your Personal Health Hub

Participants have a simple way to personalize, organize and access plan information. Manage claims, review coverage, order prescriptions, access your **Good For You!** Well-Being Program and more all from [myCigna.com](https://myCigna.com) or by downloading the mobile app.



View, print and send ID cards



Find in-network doctors, hospitals and medical services



Compare quality of care information, including patient reviews from Cigna Healthcare<sup>SM</sup> customers



Manage and track claims



See cost estimates for medical procedures



Use the click-to-chat feature to connect with a live Cigna Healthcare rep

## SCHOOLCARE/Cigna ID Cards going virtual

**As of July 1, 2024, Cigna will no longer automatically send physical ID cards to new or returning participants.** Current participants may continue using physical cards if making no changes to your medical benefits.

- Access your card when you need it from your phone by downloading the myCigna app or by logging into myCigna.com on your preferred browser.
- iPhone users can add a digital copy of their card to their phone's virtual wallet
- You can request a physical ID card by logging into myCigna.com submitting a request on the ID cards page.

**NOTE:** If you have Cigna dental, your medical ID card also serves as your dental ID.

Get started by scanning the QR code with your phone, or tap it if reading this on your phone. If you are registering a new account, you'll need the subscriber's social security number to do so.

