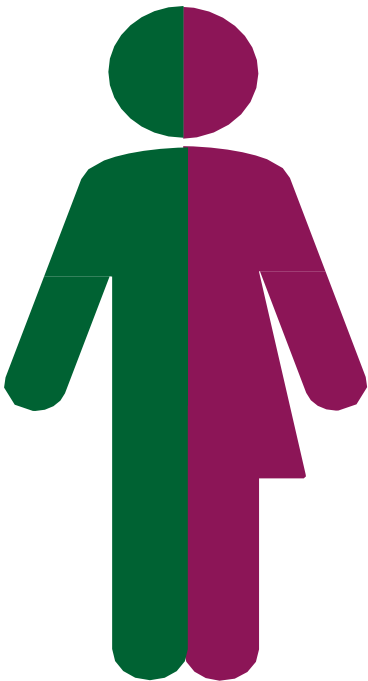




PREVENTIVE CARE



Put your health first with preventive care exams, screenings and flu shot!



Reinforce Good Health

Earn **\$75** for each (max \$225) physician recommended annual age and gender specific preventive service.*

- Physical Exam
- OB/GYN Exam
- Prostate Screening
- Cervical Cancer Screening
- Mammogram
- Colon Cancer Screening
- Flu Shot

(Includes vaccine received at on-site clinics)

Services Right For YOU

View services that fit your needs by logging into your myCigna.com account and accessing your **Good For You!** incentives under **Wellness > Incentive Awards**. Click the **Goals** tab and scroll down to see what's available.

Complete Preventive Care Between 7/1/20 and 6/30/21

Cigna Medical Participants: Completion will be reflected in your myCigna account starting 1/1/21.

SCHOOLCARE 65+ Retirees: Must self-report completion in your myCigna account.

NOTE: The incentive will be paid out at the end of Quarter 3 (same as prior years).

* Preventive services are covered at no cost to you under the SCHOOLCARE medical plan.

NOTE: Cash incentives, payments, and rewards are available upon completion of the Health Assessment annually. Amounts paid to wellness program participants are taxable income. Please review with your tax consultant for more information.

Questions?
Call Cigna at 800-244-6224.