

# Telehealth

The care you need when, where and how you need it.

## Sign Up Today!

*Your benefit will be ready when you need it.*

Login to [mycigna.com](https://mycigna.com).  
Under **Find Care and Costs**  
Click **View Details**  
Choose MDLive or Amwell  
and create your account.

Or

Download the vendor app on your mobile device to create an account.



## Connect With A Doctor From Anywhere.



- 24/7 Access to a Board Certified Doctor on your phone, laptop or tablet.
- Receive care for a wide range of medical conditions at home, work or on the go such as:
  - Flu
  - Cold
  - Insect Bites
  - Rash

## Did You Know Telehealth Can Save You Money?



**Average Cost Comparison:**

- Cigna Telehealth < \$50
- Urgent Care \$180
- Emergency Room \$1600

**SCHOOLCARE**  
HEALTH BENEFIT PLANS

